

8th May 2010

For the Sponsors of Rocky Lane, www.rockylane.org .
Ogitu Group of Companies and NTT Sports, of Kupang, Indonesia.
Titled sponsors, THE WORLD SPORTS FEDERATION.

Ladies and Gentlemen,

ROCKY'S PERFORMANCE REPORT

To first introduce myself, my name is Mr. Len Kerr, commonly know as "Coach Kerr". I am a Canadian Citizen, former Military Sgt. Major and have coached National Band marching teams and National Amateur Billiard teams. I note from Rocky Lane's Sponsorship Contract that he is required to periodically report to you, his performance, practice results, Gym Stats and health condition, and he has sought my professionalism in this regard, to motivate these results from him.

So now comes my first report to you, on his status quo;

PRACTICE : Rocky is doing two practice nights a week, on Mondays and Thursdays, which usually lasts from say 9pm to 6am next day. In a "round robin winner stay" system, he trains with whoever comes in and puts their name on the board, and he is averaging at doing 30 racks a night (won racks), of mostly the more skilful game of 9 Ball. There is room for improvement for Rocky to do self practice drills, which im not getting from him at this stage but am dogged in pushing for this. As commonly known in this sport, Drills is the work, and play is the reward for doing good drills. Pending the level of player ability of those who enter their name on the board, to challenge him, this present system is proving to be acceptable, and provides a good source of incoming players, due to the fact that Rocky normally burns out most players that try to stay with him, other than Mr. Sonny Khan who has proved to be an excellent practice mate with stamina. Afterall, Rocky has held the Hong Kong Pool Marathon title to date, where players were challenged to deliver 250 won racks within 50 hours. When Rocky last successfully defended this title in 2009, he won 255 racks in 44 hours, and when arriving at this winning post, other competing players had collapse or surrendered long before.

GYM STATS: Rocky is attending the Gym twice a week. He presently does 40 minutes on the tread mill, at 5.5 to 6Km speeds, sheds 300 plus calories in the process, with a pre work out heart beat of 114 BPM and at 153 BPM, at the top end during workout. We have him toning upper body parts with dumbbells, to improve spinal strength and break tactics in the game. Given his steroid intake to keep his Asthma at bay, which is commonly know to put on weight, he last tilted the scales at 260lbs, being far above his desired weight of 220 lbs. We presently have him on the new herbal medication, Sochimin, which suppresses appetite, has no side effects and is very economical. He has been on this for only a week (2 tables 20 minutes before meals) and is already reporting that there are signs of hanging skin and flab. He needs to lose at least 20 pounds to prevent spinal damage, which is commonly associated with the game. Given the said steroid intake that brings the over weight, Rocky needs to suppress his hunger, or obesity will become the order of his future.

Rocky is already having problems in finding players whom are not a waste of his time and not up to his level in the game, where only house Pros and touring Pro's are presently a threat to his game. Afterall, this is not about being nice to the less learned on the table. This is about Rocky excelling his overall performance, because those who waste their time in being "Mr. Nice Guy or Billiard teacher", simply allow other Pros to get ahead of them on tour. Rocky, is certainly focused towards improving his own game ready for tour, and not slowing down and burning up resources on teaching the less skillful on the table. This is a consideration, to take a coaching contract when coming off tour, as most Pro sportsmen do, upon retiring from active tour. But, one can imagine his game status, when the fit and healthy Rocky arrives on the scene, and he needs to improve health wise and drop those unnecessary pounds. Being tall and well built, he gets away with it from a perception or attraction point of view, but as a pro sportsman, he has to tone up and trim down. In addition to his two days in the gym, Rocky is doing some swimming and has a friend at his Hotel, Mr. Anderson, who walks him through the 5 Km Tin Shui Wai park on Tuesday nights.

PUBLIC EXPOSURE DELIVERY : Rocky delivered a brilliant exhibition at Bali on the 5th February 2010 before a "Standing Room only" crowd of 300 hundred people, and he has been invited back to Kupang Indonesia for a repeat performance of this, which has been scheduled for late June 2010 after he gets back from the European Tour at Gemany. This time the local towns people of Kupang will be parading "undefeated World Record Holder" Rocky in the streets of Kupang and the Governor of the State of NTT, will attend to personally welcome Rocky to the City. The TV dub of the 5th Feb 2010 performance is very much in demand for television news display at NZ and on in house TV links at numerous Poolhalls, like Joes Billiards branches at Hong Kong. But unfortunately, you good sponsors have delayed the editing of that tape, as obviously the secrets of how those trick shots were done 'Such as the magic Cue shot', need to be edited out. Therefore, Rocky's performance of contract in this regard, has been frustrated, but he is nevertheless trying to comply with this section of his contract. As the Hong Kong Shirt makers appear to have gone out of business, we are on the hunt for someone to do his 2010 season shirts, and would appreciate any help from the sponsors for his XXL size shirts to be done please, which is urgently needed for Germany next month.

MEDICAL: Rocky had a medical check up with his GP and Asthma Specialist in March 2010, and this will be repeated in September 2010, as I note his contract requires a medical check up every 6 months. Apart from his Asthma, which is under control, Rocky has received a good bill of health, as the worlds oldest touring Pro on tour, and hope there are many more years to come.

Rocky is the best the world has ever seen at Jump shooting and with the right sought of coaching and discipline, he can be the best the world has ever seen in the game. Luckily for this sport, age does not present a problem, so long as one can keep his health in top shape and is able to concentrate well. I have a lot of faith in Rocky's ability to be the worlds best, and I do not intend to give up, until he becomes the best.

Kindly expect my next report, as required in Rocky's Sponsorship Contract, in the next 3 months.

Sincerely yours,



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Mr. Lenard Kerr
Professional Coach

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